



Message from the Principal

Dear Parents and Carers,

As you will know from the information shared on Friday evening, we have been made aware of a member of our school community who has tested positive for COVID 19.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This information is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 14 days. **This applies to the children in our Nursery and Reception classes.**

The school remains open for all other year groups and your child should continue to attend as normal if they remain well.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

REMINDER: What can you do as a member of the Swift community to keep our school safe and open?

- When arriving at school to drop-off or pick-up your child, please form an orderly, socially distanced queue on either side of the school gates. Use the 'X' markers on the pavement.
- ***Wear a face covering when coming onto the school site – this is probably the single most important thing you can do to help prevent the spread of COVID-19***
- Maintain your distance from other families when transiting through the playground



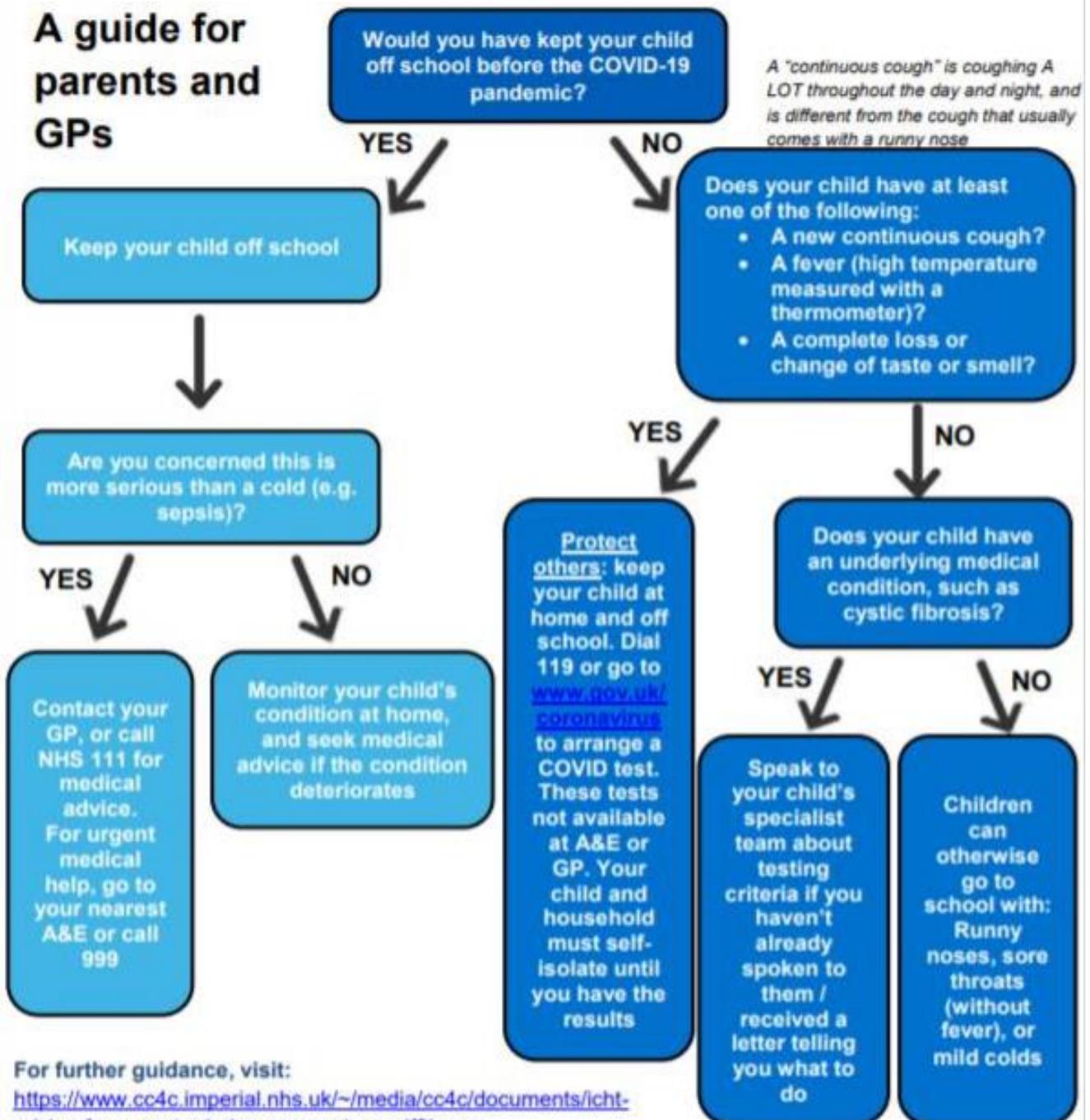
With best wishes,

Daniel Upfield
Principal

The children's doctors in North West London have come up with advice to help you decide whether to send your children in to school (see below). **Where the guidance says 'high temperature' that means 37.8 degrees centigrade or higher**

Should I send my child to school?

A guide for parents and GPs



For further guidance, visit:
<https://www.cc4c.imperial.nhs.uk/~media/cc4c/documents/icht-advice-for-parents-during-coronavirus.pdf?la=en>

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INSET Day – Friday 16th October & Half-Term

A reminder that as per our school calendar, **school is closed this Friday, 16th October** for an Ark staff training day.

School closes for the half-term break on **Friday 23rd October** and reopens on **Tuesday 3rd November**.

School Meals/Packed Lunch

Please ensure you inform the school office of the correct meal choices for your child. We have had a number of instances where our numbers have been incorrect. Our numbers need to be accurate, so we have enough food prepared and also to avoid food wastage. Please call or email the school office if you need to update the meal information for your child.

Secondary School Applications

Secondary applications must be made by **31st October 2020**

The deadline is fast approaching being only just over 3-weeks away. To date, less than half of Year 6 parents have completed their application.

The e-admissions website is located here: <https://www.eadmissions.org.uk/eAdmissions/app>

If you require any help with secondary applications, please do not hesitate to speak to a member of the leadership team or your child's Year 6 teacher. In addition, Miss Katie is happy to sit with parents and guide them through the online application process.

Ark Swift R.E Hinduism

At Ark Swift this year, we will deliver the R.E curriculum in the form of 6 immersion days. We believe that a whole day experience can lead to excellent learning and provide real opportunities for our pupils' understanding and development.

Each day will involve students stepping out of the normal timetable and spending a whole day, every half-term, on a particular RE theme.

Our first R.E day will be on **Hinduism** and will take place the **week beginning 19th October**. Below outlines topics that will be covered in each year group...

Year 1

- Ideas of God
- Hindu Values



Year 2

- Festivals and Celebrations
- Worship



Year 3

- Ideas of God
- Important Hindu Stories of the Gods



Year 4

- Religious Symbols
- The Hindu Community



Year 5

- Respect for Life
- The Cycle of Life



Year 6

- Worship
- Festivals and Celebrations



Future R.E days:

Judaism (Hanukkah 14th – 18th December)

Islam (8th-11th February)

Christianity (29th – 31st March)

Buddhism (24th-28th May)

Sikhism (19th-23rd July)